

**Attending a training course or assessment during COVID-19**

The training course contains practical skills where PPE may be required, it is your responsibility to follow the Trainer and Assessor instructions and wear the required PPE. There are some skills where PPE is not suitable and other measures have been put in place.

**Equipment required**

In addition to equipment required for the training course/assessment, you will also be requested to make the following arrangements to help manage the risks associated with COVID-19:

* Bring pens and note paper you can use throughout the training and assessment
* Wear swimwear under your clothes for sessions in the water
* Bring food and drink to be consumed

**COVID-19 Checklist**

It is important that candidates attending training course/assessments do not increase the risk of a spread of COVID-19. Please complete the below checklist by reading each statement and confirming if you agree.

It is important for candidates enrolling on training courses and assessments to understand that no PPE or other protective measures can provide 100% protection from infection with, or transmission of, COVID-19. Whilst the awarding organisation (RLSS UK and IQL UK) have provided guidance to training provider to mitigate risk so far as reasonably practicable, there will still be an element of risk involved in attending the training course and assessment.

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| **All candidates must meet the following criteria before starting the course (please tick)** | **Agree insert ü**  page33image2692664000page33image2692700256 |
| I do not have/will not attend if I have a high temperature (you feel hot to touch on your chest or back - you do not need to measure your temperature) | page33image2692664976page33image2692665648page33image2692666528page33image2692702016 |
| I do not have/will not attend if I have a new, continuous cough (coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours) | page33image2719054784page33image2719053520 |
| I do not have/will not attend if I have loss or change to my sense of smell or taste (you cannot smell or taste anything, or things smell or taste different to normal) | page33image2718487216page33image2718485952 |
| I will not attend if I am having to self-isolate due to coming into contact with someone with COVID-19 symptoms |  |
| I will not attend if someone from my household had COVID-19 symptoms or is having to self-isolate | page33image2718500736page33image2718502736 |

**Declaration**

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| I declare that all of the information I have provided on this enrolment form (during COVID-19) is true and accurate. I understand that there are levels of risk of contracting COVID-19 by attending this training course/assessment. | | | |
| **Candidate Signature:** |  | **Date:** |  |
| **Parent/Guardian Signature (if under 18):**  page33image2718538032 |  |  |  |